



Unapologetic Practices Playsheets

Queen of Blossoming

She is soft like spring rain...
but rooted like the wild rose.
She doesn't bloom because she's told to—
she blooms because something deep inside her says, "Now."

The Queen of Blossoming is not returning to who she once was.
She is emerging as who she was always meant to become.
Her blossoming is not performance—it is a reclamation.
Of her sensuality.
Of her softness.
Of her sacred timing.

She opens not all at once, but petal by petal—
gently, boldly, unapologetically.

This month, we honor the slow unfurling.
The subtle "yes."
The aliveness returning to our bodies, our desires, our devotion.



Who is the Queen of Blossoming to you?

- How does she feel in her body?
- How does she dress, walk, speak, and move?
- What kind of choices does she make when she's anchored in her sensual power?

What part of yourself is ready to bloom in this season?

Let this be an invitation—not a pressure. What's quietly rising inside you, asking for light, love, and space?



Where have you abandoned or dimmed your sensuality?

- And what would it look like to gently reclaim it—with devotion, with pleasure, with softness?

How can you create fertile soil within yourself?

- What does tending to your inner garden look like in this season?
- How do you nourish your energy, your body, your becoming?



What do you claim this month as the Queen of Blossoming?

- Name four things—one for each week—that will support your sensual return.
- These might be rituals, boundaries, pleasures, or practices.